

DANA POINT AQUATICS CLUB

Pool/Facility Rules

All Members and Participants

1. NO running on pool deck.
2. NO glass on pool deck
3. NO entering the pool deck area without a DPAC coach or instructor present.
4. No entering the pool until instructed by a DPAC coach/instructor to do so
5. NO pushing others on the pool deck or in the water.
6. NO roughhousing or horseplay.
7. NO diving in the shallow end.
8. NO diving in lanes where swimmers are swimming. Feet first entry rule applies.
9. NO climbing, hanging, standing , or sitting on pool deck equipment.
10. NO throwing of objects on the pool deck or in the pool at any time.
11. If you break it. You pay for it.
12. Swimmers with long hair must wear a cap or hair bands.
13. Children should be supervised by parent or guardian to the bathroom at all times.
14. Children must WAIT IN THE GATED POOL AREA until parent or guardian has arrives.

Team Members

15. Goggles are mandatory.
16. Team suites are mandatory at competitions.
17. Athletes are expected to behave with respect toward coaches, other athletes, parents, and equipment. Blatant disregard for rules and safety issues will result in athlete being removed from the pool, or other disciplinary actions such as doing push-ups, sit-ups, or cleaning the pool deck.
18. Athletes are expected to be on time for practices and swim meets. Arriving late disrupts the practice for the coaches and other athletes.

I have read and understand the Pool/Facility Rules as defined above. I understand and agree that disciplinary measures such as time outs, push-ups, picking up trash etc. may be implemented for disregarding the rules. I also understand that my child may be asked to leave practice for the day or be exempt from team membership if rules are blatantly or repetitively disregarded

Athlete Signature

Date

Parent/Guardian Signature

Date